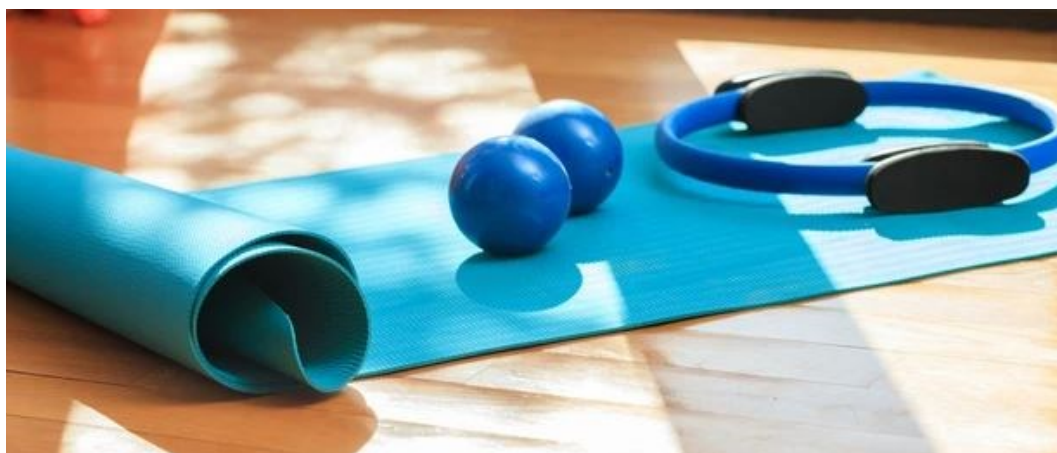


# Coromandel Community Centre

Connect Contribute Celebrate



Improve strength and flexibility with  
this total body conditioning program.  
All levels welcome.

Classes led by qualified and  
experienced instructor.

**When:** Term 1 2025  
3 February - 7 April

**Time:** Monday  
7 to 8pm

**Cost:** \$117 for 9 weeks

**Bookings Essential**  
**Pre-payment required**

Contact the Centre on 8370 6880  
or visit [www.coroalive.org.au](http://www.coroalive.org.au)

# Pilates 2